

FAMILY TAPESTRY



PARENT PEER GROUP: A GROUP FOR PARENTS BY PARENTS

OPEN TO PARENTS / CAREGIVERS OF YOUTH LIVING WITH MENTAL HEALTH CHALLENGES. AN INFORMAL GATHERING FOR PARENTS TO NETWORK WITH OTHERS WHO UNDERSTAND THE UNIQUE STRUGGLES OF RAISING A CHILD WITH SPECIAL NEEDS. MEETS THE 1ST AND 3RD FRIDAYS OF THE MONTH FROM 6-7 P.M. PLEASE CONTACT HOLLY FOR LOCATION: HOLLYC.FAMILYTAPESTRY@GMAIL.COM

YOUTH PEER GROUP: A GROUP FOR YOUTH BY YOUTH

OPEN TO YOUTH 12 AND UP WHO ARE LIVING WITH MENTAL HEALTH CHALLENGES. WE PROVIDE A RELAXED ENVIRONMENT TO HELP FOSTER NEW FRIENDSHIPS, PARTICIPATE IN FUN ACTIVITIES, & LEARN HELPFUL HINTS FROM GUEST SPEAKERS. MEETS 1ST AND 3RD FRIDAYS OF THE MONTH FROM 6-7 P.M. PLEASE CONTACT HOLLY FOR LOCATION: HOLLYC.FAMILYTAPESTRY@GMAIL.COM



FACEBOOK SUPPORT GROUP:

To provide parents / caregivers with an additional support in the convenience of their home, we also offer an online group.

Please find us on Facebook:

<https://m.facebook.com/groups/1490574831241014>



For more information please contact:

Holly (315) 317 - 5587
hollyc.familytapestry@gmail.com

For updates / cancelations:
www.familytapestryinc.org