

Membership Information

We are looking for people who have a passion and commitment for the families we support.

If you would like to be contacted about becoming a part of Family Tapestry, please complete this form and mail it to the address shown below.

Name

Address

City

State / Zip Code

Phone Number

Email

Mail completed form to:

Family Tapestry
P.O. Box 402
Syracuse, NY 13211

Phone:

(315) 317-5587

Email:

hollyc.familytapestry@gmail.com

Web Address:

www.familytapestryinc.org

Board Presidents

Leslie Gorke
Karen Hogan

Executive Director

Holly Cross

Board Members

Katey Castro
Joy King
Cathy Munson
Casey O'Connor
Mary O'Connor
Mary Jane O'Connor
Kristy Sobon

Family Tapestry would not be able to reach as many families as we do without the generous support of **Kitty Hoynes**.



Our Mission:

To support and empower families affected by mental illness through education, encouragement and advocacy.



We Can Support You

- ❖ Peer Support Groups
- ❖ Advocacy for Family
- ❖ Parent Support at School Meetings
- ❖ Family Empowerment through Education
- ❖ Increase Community Awareness
- ❖ Informational Emails

Affiliations

- ❖ Families Together in New York State
- ❖ American Foundation for Suicide Prevention
- ❖ Contact Community Services
- ❖ NAMI – Syracuse

More Information

For more information on our programs please contact Holly at hollyc.familytapestry@gmail.com



Every **child** is a different kind of flower, and together make this world a **beautiful** garden.

Facebook Support Group

To provide parents / caregivers with an additional support in the convenience of their home, we offer an online group. Please access at: <https://m.facebook.com/groups/1490574831241014>

Mental Health Awareness Walk

Family Tapestry recognizes mental health awareness month each year in May by hosting an annual walk / fun run. All proceeds go directly back into local programs for our families.



Family Picnic

Family Tapestry hosts an annual picnic each August. Families come together to enjoy a much-deserved good time. Food, fun and laughter for all.



Our History

Family Tapestry was created to empower families and youth with challenges related to mental illness. Founded in 2003 by Cathy Munson, a mother who faced difficulties finding support with her son's challenges, Family Tapestry has been instrumental in serving the greatly underserved mentally ill population across CNY. Cathy was awarded the Advocate of the Year Award for 2013 by Families Together of New York State.

About Us

Family Tapestry is a family run / family driven organization. We have programs to inform and support both parents and youth. These are a few...

Youth Peer Group

Open to youth 12 and up who are living with mental health challenges. We provide a relaxed environment to help foster new friendships, participate in fun activities & learn helpful hints from our guest speakers. Meets 1st and 3rd Fridays of the month from 6 – 7 p.m.

Parent Peer Group

Open to parents / caregivers of youth living with mental health challenges. An informal gathering for parents to network with others who understand the unique struggles of raising a child with special needs. Meets the 1st and 3rd Fridays of the month from 6 – 7 p.m.